

Adders on the Moss



Adders are small, venomous snakes with a distinctive zigzag patterning.

They are very shy and highly unlikely to bite unless provoked.

They can be seen above ground from February to October, and are at their most active on warm sunny days.

If you are lucky enough to see an adder: leave it alone, and admire it from a distance! Adders are a protected species and it is illegal to kill or harm them.

Stay Safe!

- Keep to the path.
- Look carefully before sitting down or touching the ground.
- Always wear stout footwear or wellingtons.



IF BITTEN:

- Remain calm
- Keep the part of the body that has been bitten as still as possible to prevent the spread of venom around the body.
- Remove jewellery/watches from the bitten limb and loosen clothing if possible.
- Seek immediate medical attention by dialling 999.

Adders and Dogs

Dogs are most frequently bitten in the early afternoon, in April, when adders are at their most active, however they are still at risk during the whole period when the snakes are above ground.

To reduce the risk of your dog being bitten:

- Keep them on a lead
- Stick to the path.

If you think your dog has been bitten by an adder:

- Try to keep them calm and still
- Take them to a vet immediately
- Avoid using a tourniquet or trying to suck out the venom as this may make the situation worse.